

# Waukesha Public Library to host events for Mental Health Awareness Month

WAUKESHA — In recognition of Mental Health Awareness Month, Waukesha Public Library will host a special book discussion focused on caregiving and memory loss. Join the Library at 10:30 a.m.

Wednesday to talk about “My Two Elaines” by Martin Schreiber and Cathy Breitenbucher. The book offers a look at Governor Schreiber’s experience becoming a caregiver for his late wife Elaine

during her battle with Alzheimer’s disease. A dementia care specialist from the Waukesha County Aging and Disability Resource Center will join the discussion to offer additional insight.

At 10:30 a.m. June 4, there will be a visit from former Wisconsin Gov. Martin Schreiber. He will present “What I Wish I Knew: A Caregiver’s Journey,” sharing his personal journey as a caregiver and offering hon-

est reflections and practical advice to help caregivers better cope and find support. Schreiber will stay afterward to sign copies of his book, which will be available for purchase.

For more information, visit [WaukeshaPublicLibrary.org](http://WaukeshaPublicLibrary.org) or call 262-524-3682. Schreiber will only attend the event on June 4. Waukesha Public Library is located at 321 Wisconsin Ave., Waukesha.