

A PROGRAM OF  **WISHOPE**

Waukesha **Peer Recovery Coaching**



Project WisHope is a 501 (C3) non-profit, peer-run Recovery Community Organization serving the state of Wisconsin. Our mission is to provide resources, education, advocacy, and peer support to Wisconsin's recovery community members, including those directly impacted by addiction and mental health conditions and their family members, friends and allies.

1-844-WIS-HOPE
wishope.org



**Check out the
Peer2Peer
Mobile App!**



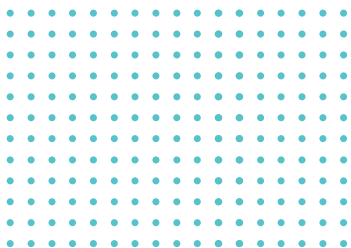
What is a Peer Recovery Coach?

A Peer Recovery Coach is someone with lived experience, from Mental Health, Substance Abuse, or has an affected family member. A Peer Recovery Coach has been trained in and provides support, mentorship, advocacy, resources, recovery wellness planning, trauma informed, multiple pathways to recovery, education, and a person-centered approach.

Trained peer specialists and recovery coaches have expertise that professional training cannot replicate. Their lived experience is the foundation of their effectiveness, offering a bridge of understanding and hope to someone seeking or in need of help.



- Checking In
- Setting SMART Goals
- Connecting with Recovery Support and Mental Health Resources
- Connecting SUD Treatment Options
- Connecting w/ Harm Reduction Tools (Narcan, Fentanyl testing strips, etc.)
- Navigating Early Recovery
- Finding Resource for Basic Needs:
 - Food
 - Clothing
 - Housing/Shelter
 - Personal Items
 - Job Searching
 - Education



**Visit the WisHope
Waukesha Recovery
Community Center!**

139 W Broadway
Waukesha, WI 53186