

Bridges Library System: Memory Cafés offer support for caregivers and those affected by memory loss

(WAUKESHA, WI) – The Library Memory Project is proud to announce the 2026 schedule for Memory Cafés, available five times a month across various locations within the Bridges Library System. These cafés provide a space where care partners can attend alongside individuals experiencing early-stage dementia, mild memory loss, or mild cognitive impairment (MCI). By fostering an environment of support and fun community connection, participants can engage in enriching activities, enjoy meaningful interactions, and find support.

In 2026, there are 60 Memory Cafés scheduled at 19 different libraries in the Bridges Library System. “As the population of those experiencing memory loss increases, it is crucial that we continue to meet the needs of families affected by memory loss,” said Angela Meyers, Coordinator of Youth and Inclusive Services at Bridges Library System. “Our mission is to create a welcoming environment where attendees can find community support and maintain social connections.”

The Library Memory Project is an initiative of the Bridges Library System, public libraries in Jefferson and Waukesha counties, local aging and disability resource centers and the Alzheimer’s Association Wisconsin Chapter. The five project areas provide monthly Memory Cafés for free.

2026 Schedule

- **Glacial River Project** – Meets 2nd Monday of the month, 10:30 am – Noon
Rotates between the public libraries in Fort Atkinson, Jefferson, Palmyra and Whitewater.
- **Lake Country Project** – Meets the 1st Friday of the month, 10:30 am – Noon
Rotates between the public libraries in North Lake, Pewaukee, Oconomowoc, Delafield and Hartland.
- **Purple Springs Project** – Meets 2nd Thursday of the month, 1:30 – 3:00 pm
Rotates between the public libraries in Mukwonago, Eagle, New Berlin and Muskego.
- **Waukesha Project** – Meets 4th Wednesday of the month, 10:30 am – Noon

Runs monthly at the Waukesha Public Library.

- **Wild Plum Project** – Meets the 3rd Monday of the month, 3:00 – 4:30 pm
Rotates between the public libraries in Menomonee Falls, Brookfield and Sussex.

Learn more about the Library Memory Project and the 2026 Memory Café schedule at www.librarymemoryproject.org.

About the Bridges Library System

The Bridges Library System provides individual member libraries, as well as residents of Waukesha and Jefferson counties, benefits in the form of greater fiscal security, increased access to information and services, and progressive, collaborative relationships. For more information visit www.bridgeslibrarysystem.org.